

A2

60 min

Express Yourself: Feelings in English

twee

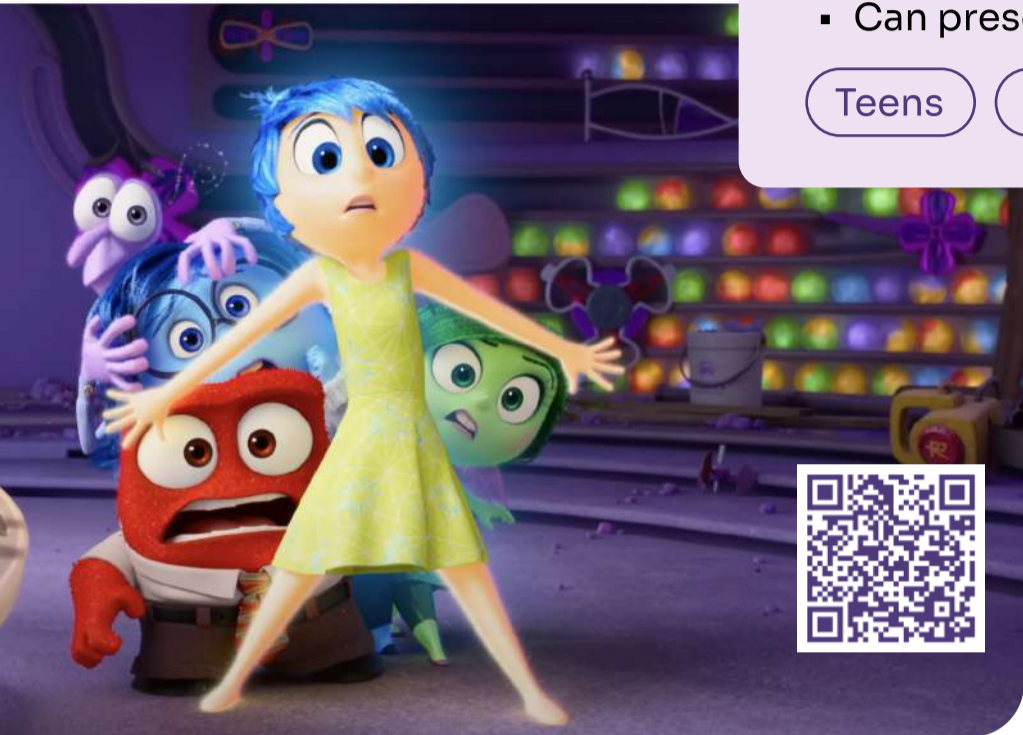
Tweak your lessons
with the power of AI

Skills:

- Can tell a story or describe something in a simple list of points.
- Can present his/her opinion in simple terms, provided listeners are patient.

Teens

Group



1 Have you ever watched this cartoon?
If so, what is it about?
Watch the video and guess the feelings.

2 Read Mary's diary and fill in the gaps
with the correct feelings.

happy

scared x2

disgusted

sad

angry x2

Friday 13th October

I'm so _____(1)! Today is my birthday and I'm 12 years old. My parents are going to give me a new bike. I hope it's red. It's sunny today. My friends and I are going to go to the park after school.

Monday 16th October

It was a terrible weekend. I'm so _____(2). My parents didn't give me a bike for my birthday. They gave me a mobile phone. But I don't want a mobile phone. I already have one. I wanted a bike. I will never speak to them again.

Thursday 19th October

I'm really _____(3) with my best friend, Amy. Last night she told everyone in class I love Tom. Now Tom knows and he looked at me today. I hate Amy. I'm not her best friend anymore.

Sunday 22nd October

Ugh! Today we went to the zoo. I'm _____(4). We saw snakes and spiders. Yuck! Then we went to McDonald's for lunch. Double yuck! I don't like McDonald's. I wanted pizza.

Wednesday 25th October

I'm really _____(5). Tomorrow we have a test in French and I don't know anything. I will fail the test. Then my parents will be _____(6) with me. And my teacher will call me stupid. I'm really _____(7).

Then write your own diary about your feelings today or from last week and give it to your partner. Your partner should then share it with the rest of the group by retelling it.

3 Encode the sentence you got using emojis and then give it to your partner and ask them to decode it. You will get an encoded sentence too, try to decode it and ask your partner if you are right.

4 Discuss these questions in pairs and then share what you've learned about your partner with the rest of the group.

- What and who makes you feel happy?
- Have you ever felt sad for no reason? What did you do when it happened?
- Do you like talking about your feelings and emotions with others? Who do you talk with?
- Do you think it's important to understand your own feelings? Why/why not?

5 Brainstorm together:

How do you usually express your feelings?

Do you think it's okay to have "negative" emotions and show them to others?

What do you think is the best way to express your "negative" emotions?

Printable materials

Exercise 3. Print, mix up and hand out:

He became scared when he saw a big spider on his bag.

I am scared to watch zombie movies at night.

The girl was disgusted because she found a bug in her salad.

I was disgusted when I saw the cafeteria food at school today.

My little brother is happy to go to the zoo and see lions and tigers.

I am happy to open presents on Christmas morning.

He was angry when someone ate his sandwich without asking.

I was angry when my little brother broke my computer.

He felt sad because his friends went to the cinema without him.

I felt sad when my best friend moved away to another city.

Correct answers

2

The exercise was made in the “Create a text” and “Fill in the Gap” tools.

1. happy
2. sad
3. angry
4. disgusted
5. scared
6. angry
7. scared

3

Made in the “Sentences with target vocabulary” tool.

Teacher tip: your students will need to use their phones to complete the task. They can send messages to a group chat, so everybody can see them.

4

Created in the “Discussion Questions” tool.

5

The idea was generated in the “Lead-in activities” tool.

Teacher tip: You can help your students by using mimics and gestures to elicit answers from them. For example, you can use actions like crying, screaming, laughing, fighting, stomping, and so on for the first question. Actions like talking, drawing, doing sports, asking for support, hugging somebody, crying, and so on can be used for the last one.